

DISCOVER INDIA



MindQuest<sub>2020</sub>

Dear Friends,

Amidst the pandemic with its anxieties and the uncertainties, here we come to re-instate what has always been true – that *the world belongs to the brave*. From the death defying climber on the steep face of a cliff, to the solo sailor in the midst of endless waters, from the little child who tends to her paraplegic mother, to the journalist who braves his life to tell us the truth – each one of them tells us the story of the triumph of the human spirit.

AGNEL TALENT FEST, once again through this year's MIND QUEST 2020 brings to you the thrill and the ecstasy of pushing your imagination and your mind beyond the confines the pandemic has imposed on us. It will be a treat to the mind and the adrenaline that drives the brave, beyond the horizons of our external sensory perception.

ATF–MIND QUEST 2020 celebrates India and its rich diversity and participants will **Discover India**. They will traverse the length and breadth of our country from the Queen of Hills, Mussourie up North to Sikkim, the land of untouched beauty. They will move to a village in Tamil Nadu, Malgudi and then go on a tour to the Union territory of Pondicherry. The participants will have close encounters with Ruskin Bond, R.K. Narayanan and Mulk Raj Anand. They will revel in the folklore of Panchatantra and even attempt to recite Tagore in French!!! From there they will move to India's age old Ayurveda and its nutrition and fitness secrets!

They will dare to marvel at the Math in everyday life – in fruits & vegetables, dance, music and architecture; study the lives of Indian scientists and our potential economists will try their hand at reviving India's post pandemic economy while others dance to the tunes of India's classical music.

The triumph of the human spirit is a perennial quest of the Big Hearts and Brave Minds that all young people are called for, far from the maddening crowd to where no one has gone before! ATF Mind Quest is scheduled for 23<sup>rd</sup> and 24<sup>th</sup> November, 2020 and we hope you will join us in celebrating the triumph of the human spirit and discover India.

The accompanying rules explain the program in detail and any additional clarifications will be given, if required. Since this is an exceedingly attractive program, we will admit only limited numbers on a first come first served basis. So, please confirm your participation latest by 2<sup>nd</sup> November, 2020. All participation entries will be considered accepted when there is a return confirmation from the MIND QUEST Secretariat to you.

Wish you and your school all the best and looking forward to hearing from you.



Fr. J. A. Carvalho

DIRECTOR

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**DISCOVER INDIA** **Mind Quest** 2020

**FR. AGNEL SCHOOL, NEW DELHI**  
**ATF-MIND QUEST 2020**  
Theme: “Discover India”

**REGISTRATION PROCESS:**

1. This competition is open for classes VI to XII.
2. A participant cannot take part in more than one event.
3. Participants can register only through their school. Direct entries will not be entertained.
4. The last date for the registration of the events: 2<sup>nd</sup> November, 2020.
5. The link for registration is provided in the event detail.
6. All emails sent to the host school should have the name of the participating school and the school code in the subject of the email.

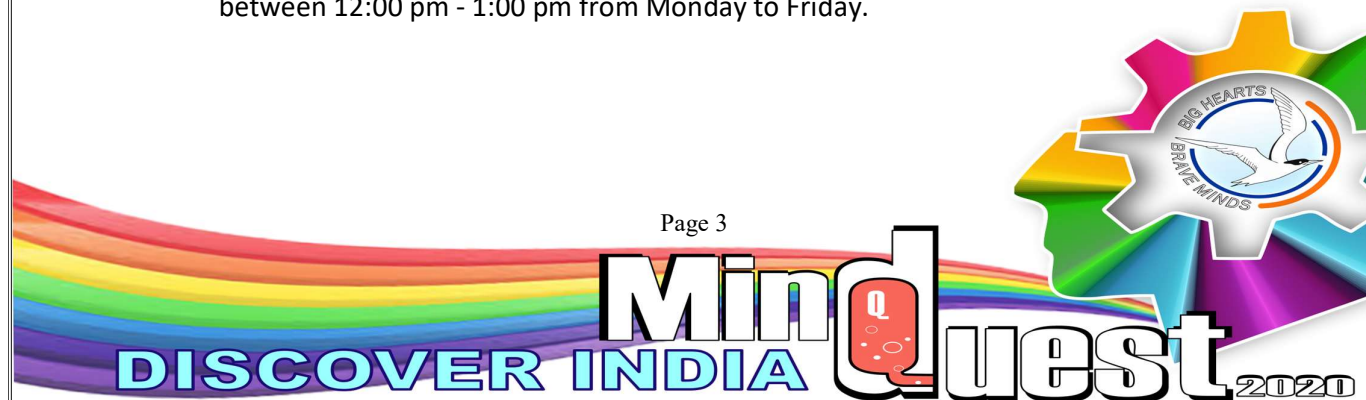
**GENERAL RULES:**

1. Dress code: School Uniform. Participants are required to adhere to the dress code throughout the recording as well as on the day of the event, except in those events where costume is required.
2. Both sides of school ID card of the participant has to be scanned and emailed at the email address of each event along with the video/presentation/images.
3. Each school will be provided with a **school code** by the host school after the registration. It is mandatory to pin the school code on the school uniform/costumes so that it is visible during the entire performance/presentation/ video recording.
4. No participant is permitted to reveal the name of his/her school during the performance.
5. The MIND QUEST will commence with the opening ceremony on Microsoft Teams on 23<sup>rd</sup> November, 2020 at 8:30 am. The link for the same will be shared with the participating schools later.
6. After the opening ceremony, the participants will be asked to join Microsoft Teams for their respective events. The link for this will be shared by the respective event in-charge at a later date.
7. The participants will not share any of the links to a third party.
8. The participants will not download, use or share copyright material without proper citation. The participants will also not claim another individual's ideas, works or information without acknowledging that individual.
9. The participants will not record the content of any of the fellow participants, online or offline.

10. All the participants should download Microsoft Teams on their laptops/devices.
11. On 10<sup>th</sup> November 2020, the host school will organize a trial run at 12:15 pm on Microsoft Teams where specific instructions of the events will be given. The link for the trial run will be shared with all the participating schools. Attendance for this is mandatory.
12. All participants should be trained to handle virtual presentations, screen sharing etc. on Microsoft Teams.
13. No email will be sent for non-selection in the final phase of the events. No reasons/ explanations will be given for non-selection of the participation.
14. The decision of the judges will be final and binding for all events.
15. e- Certificates for the winners and participants will be mailed to the schools on 4<sup>th</sup> December 2020.
16. The participating school with the highest cumulative score of all events shall be the winner of the BEST SCHOOL AWARD. The host school will not compete for this award.
17. Results will be published on the school website: [www.agnel.org](http://www.agnel.org) after the closing ceremony.
18. The host school owns the proprietary rights to all the materials sent by the participants and retains all the rights to their content. The content will be utilized only for the purpose of ATF-MIND QUEST, 2020.
19. The participants are aware of all the guidelines that have been laid down for the ATF - MIND QUEST, 2020, and the participants will adhere to all the guidelines.
20. For any query regarding registration you may contact:

NAME OF THE TEACHER	MOBILE NO	CLASSES
Mr. Ravindra Kumar	9811870668	XI & XII
Mr. Michael Paul	9968407104	IX & X
Ms. Lubna Rehman	9899932324	VI - VIII
Ms. Garima Khanna	8860602672	
Ms. Pushpa Jena	9717014738	

21. For any event related clarifications, you may contact the respective Event-In-charges between 12:00 pm - 1:00 pm from Monday to Friday.





## INSTRUCTIONS FOR VIDEOS/PPTs/PHOTOGRAPHS ETC. :

1. The language used must be English, except for Hindi/Sanskrit/French events.
2. Duration of the video/presentation should not exceed the specified time limit to avoid disqualification.
3. In all the presentations /videos the participant must be visible.
4. Video should be recorded in HD and in landscape (horizontal) Orientation.
5. For making/merging videos any easily available video editing software can be used. All videos must be in mp4 format and presentations should be compatible with MS Office 2010.
6. Events that require submission of photographs must have at least one photograph with the participant visible holding the painting/illustration /poster. Photographs must be in jpeg format.
7. The name of the school & the school code must be mentioned in the subject of the email.
8. Refer to the MIND QUEST 2020 timeline for registration/submission etc.



## ATF-MIND QUEST 2020 Timeline

Last date for Registration	2 <sup>nd</sup> November, 2020
Trial run on MS Teams	10 <sup>th</sup> November, 2020
Submission of video/photos/presentation	16 <sup>th</sup> November, 2020 or as mentioned in the event details.
Opening ceremony of Mind Quest 2020	23 <sup>rd</sup> November, 2020 (8:30 am)
Mind Quest events	23 <sup>rd</sup> – 24 <sup>th</sup> November 2020
Closing Ceremony of Mind Quest 2020 & Declaration of results	24 <sup>th</sup> November, 2020 (3:00 pm)
e-Certificates to be dispatched	4 <sup>th</sup> December, 2020



EVENTS DAY-1 23<sup>RD</sup> NOVEMBER 2020

- 1 Malgudi My Village
- 2 A Way Down with Mulk Raj Anand
- 3 Indian way to Nutrition and Fitness
- 4 बाल कथाएँ (एकल अभिनय)
- 5 लोक कथा वाचन
- 6 पंचतंत्र कथा वाचन
- 7 La poésie- Récitation du poème
- 8 Re-emergence of Ayurveda
- 9 Magophy
- 10 Versity Math
- 11 Math by Design
- 12 Revive India (Post - Pandemic Budget)
- 13 Mental Health Campaign
- 14 dot Story ("Aatm Nirbhar Bharat")
- 15 dot Memoire
- 16 Yakshagana Face painting
- 17 Thangka Art
- 18 Vibe Ind –Western Dance
- 19 Yoga: Fit India (IX - XII)

EVENTS DAY -2 24TH NOVEMBER 2020

20

Ram Bharosa Sololiquizes

24

dot Design

21

Découvrir L'inde

25

Assemblage Art

22

My Favourite Scientific Life Hack

26

Nritya Kala

23

It's a Numberful World

27

Amalgama (Fusion)

28

Yoga: Fit India (VI-VIII)



# MALGUDI: MY VILLAGE

**Classes:** VI to VIII

**Mode:** Offline

**No. of Teams per school:** 1

**No. of Participants per Team:** 2

**Topic:** Read and illustrate

**Duration:** 5 minutes

## DESCRIPTION OF EVENT

The students select an excerpt from R.K. Narayan's series of short stories "Malgudi Days" and read it. The reading of the excerpt will be supported with art illustration. The presentation inclusive of reading and illustration will be video-graphed and sent on the email id [mindquesteng6to8@gmail.com](mailto:mindquesteng6to8@gmail.com).

## RULES

1. The participants will work in pairs. The first participant will read the excerpt and the second participant will present the illustration.
2. The illustration must be created on an A4 size sheet. Mention your School Code provided by the host school on the sheet.
3. The whole process of illustration has to be video-graphed. The edited version of the illustration must be presented within the time frame of the reading of the excerpt.
4. Duration of reading the excerpt and presenting the illustration is **5 minutes**.

## JUDGEMENT CRITERIA

- |                                |           |
|--------------------------------|-----------|
| 1. Fluency of expression       | 10 points |
| 2. Native (Regional) dialect   | 5 points  |
| 3. Illustration of the excerpt | 10 points |
| 4. Overall Presentation        | 5 points  |

## Teachers-In-Charge

- |                       |                       |
|-----------------------|-----------------------|
| Ms. Monika Sharma     | Mobile No. 9643023698 |
| Ms. Ashwini Thanappan | Mobile No. 9818343835 |



Table of Contents for Malgudi Day-1 2020:

01	Malgudi My Village	06	Varsity Match
02	A Way Down with Math Raj Asand	07	Math by Design
03	Indian way to Nutrition and Fitness	08	Swiss India (Post - Pandemic Budget)
04	मेरा गाँव (मेरा अहमद)	09	Mental Health Campaign
05	श्री आर अर	10	Get Story ("Aam Nishkar Bharat")
06	पंजाबी और अर	11	dot Memoire
07	La poésie: Récitation du poème	12	Yakshagana Face painting
08	Re-emergence of Ayurveda	13	Thoughts Art
09	Magaphy	14	Vibe Ind - Western Dance
		15	Yaps: 9th India (20 - 21D)

**REGISTER**

# The Indian Way to Nutrition and Fitness

**Classes:** IX & X

**Mode :** Level I (Offline)  
Level II (Online)

**No. of Teams per school:** 1

**No. of Participants per Team:** 2

**Topic:** Roots, our strength and our reason for a Healthy Lifestyle.

## DESCRIPTION OF EVENT

Present the scientific Indian concept of nutrition and fitness by designing a poster.

## RULES

1. Material required: One imperial sheet (Full chart paper) & water colours /oil pastel colours
2. Mode of Submission: Each poster should have name of the student and the school code which will be provided by the host school.
3. Shortlisted participants will be invited for Level II, an online interaction with the judges on the day of the event.
4. Scanned images (jpeg format) of the poster should be mailed to the following mail address:  
[mindquestscience9to10@gmail.com](mailto:mindquestscience9to10@gmail.com) .

## JUDGEMENT CRITERIA

- |  |           |
|--|-----------|
| 1. Depiction of a healthy India  | 5 points  |
| 2. Connection between Scientific concepts and Indian ideologies on health                                    | 10 points |
| 3. Poster quality –Ability to stand alone: The poster should be able to stand alone as a clear communication | 5 points  |
| 4. Interaction with the judges   | 5 points  |

## Teachers In-Charge

Ms. Anuradha Dey

Mobile No. 9560399077

Ms. Vibha Kapoor

Mobile No. 9871724093

**REGISTER**



# RAM BHAROSA SOLILOQUIZES

**Classes:** IX & X

**Mode:** Offline

**No. of Teams per school:** 1

**No. of Participants per Team:** 1

**Topic:** A character's self-discovery

**Duration:** 4 minutes

## Rules

1. The participant is urged to read the novella, 'The Blue Umbrella' by Ruskin Bond. A beautiful audio book by Abhilasha Thackur is available on the net. The Literary Adaptation of the same, '*The Blue Umbrella (2005)*' directed by Vishal Bhardwaj is also recommended.
2. As Ram Bharosa adds more sugar and milk to the tea of Biniya and Biju, he speaks aloud to himself, reflecting on his journey from a greedy usurper to a glad partaker in the celebration of Beauty.
3. Little Biniya and her blue umbrella, like a fairy God mother with her magical wand, brings about a transformation in him. Ram Bharosa's soliloquy is a revelation of his soul's journey.
4. The participant must be attired like the men of the Garhwal hills.
5. The participant is not allowed to read from any source.
6. The soliloquy must be video-graphed and sent to the email id: [mindquesteng9to10@gmail.com](mailto:mindquesteng9to10@gmail.com).

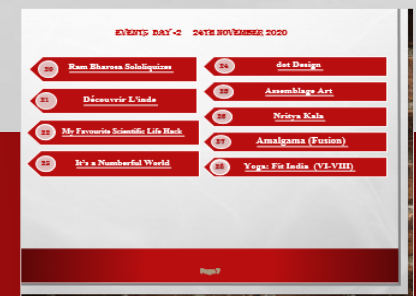
## JUDGEMENT CRITERIA

- |                                 |           |
|---------------------------------|-----------|
| 1. Relevance to the text        | 10 points |
| 2. Beauty of verbal expressions | 10 points |
| 3. Enactment                    | 10 points |

## Teachers -In -charge

- |                       |                       |
|-----------------------|-----------------------|
| Ms. Davinderjeet Kaur | Mobile No. 9891857573 |
| Ms. Kriti Wahie       | Mobile No. 9899263098 |

**REGISTER**





# A WAY DOWN WITH MULK RAJ ANAND

**Classes:** XI & XII

**Mode:** Level I – Offline

Level II – Online

**No. of Participants:** 1

**TOPIC:** Voice of the voiceless

**Duration:** 2+3 minutes

## DESCRIPTION OF EVENT

The event aims at taking the participant into the pages of one of the most significant milestones in the history of modern Indian writing in English. They will meet with Bakha, spend a day with him, encounter first-hand the horrors of untouchability. Stirred by what the participant reads he/she will then become the voice of the voiceless.

## RULES

1. Read the novel *Untouchable* by Mulk Raj Anand. Select an excerpt which left a deep imprint on your mind as it brings to the fore a social issue of the time.
2. Read aloud the selected excerpt and make a video recording of the narration. It should not exceed 2 minutes.
3. Make a video of yourself delivering a speech on why you chose the excerpt and your thoughts on the social issue highlighted in the selected piece. The speech must not exceed 3 minutes.
4. The participating school must first present the video of the reading, followed by the speech. The merged video must be mailed at the e-mail id [mindquestenglish11to12@gmail.com](mailto:mindquestenglish11to12@gmail.com).
5. Shortlisted participants will be invited for Level II, an online interaction with the judges on the day of the event.

## JUDGEMENT CRITERIA

### Reading aloud:

Fluency 5 points

Expression 5 points

### Speech:

Content 5 points

Fluency 5 points

Expression 5 points

### Interaction with the judges (online):

Relevance to context 5 points

Clarity of expression 5 points

### Teachers In-charge

Ms. Shamita Mukhopadhyay

Ms. Poornima Menon

Mobile No. 8700240825

Mobile No. 99713 71853

EVENT: DAY-1 23 <sup>RD</sup> NOVEMBER 2020	
1. Mahatma Mr Village	16. Varanasi Math
2. A Way Down with Mulk Raj Anand	17. Sketch by Design
3. Indian way to Nutrition and Fitness	18. Revive India (Post - Pandemic Budget)
4. उत्तम उत्तम (उत्तम अर्थशास्त्र)	19. Mental Health Campaign
5. ज्ञानेन कुरु अर्थशास्त्र	20. dot Story ("Aam Nibkhar Bharat")
6. उत्तम उत्तम अर्थशास्त्र	21. dot Memoire
7. La poésie: Récitation du poème	22. Yakshagana Face painting
8. Re-emergence of Ayurveda	23. Thought Art
9. Magarshy	24. Vibe Ind -Waare Dance
	25. Yaga: Piti India (IX - XII)

**REGISTER**

## बाल कथाएँ (अभिनय प्रस्तुति)

“बात कही है तो दूर तक जाएगी, बिसरी कहानियों की याद दिलाएगी।”

कक्षा – छठी से आठवीं  
प्रतिभागी संख्या: केवल एक  
साधन: ऑफ़लाइन

समयावधि: 4-5 मिनट

प्रस्तुतीकरण: एकल अभिनय (सहायक सामग्री सहित)

### दिशा-निर्देश

1. एक विद्यालय से केवल एक प्रतियोगी भाग लेगा जो कि कक्षा छठी, सातवीं अथवा आठवीं से ही होना चाहिए।
2. निर्धारित समय सीमा के अनुसार ही अपना अभिनय पूर्ण करना होगा।
3. सहायक पुस्तक (चंपक, चंदा मामा, पराग, सुमन-सौरभ आदि)।
4. कृपया अपनी वीडियो फ़ाइल दी गई मेल आईडी में भेजें - [mindquesthindi6to8@gmail.com](mailto:mindquesthindi6to8@gmail.com)

### निर्णय का आधार

- |                       |       |
|-----------------------|-------|
| 1. विषय वस्तु         | 5 अंक |
| 2. हाव-भाव            | 5 अंक |
| 3. उच्चारण            | 5 अंक |
| 4. सम्यक प्रस्तुतीकरण | 5 अंक |

### कार्यक्रम प्रभारी

- |            |                          |
|------------|--------------------------|
| निशा पँवार | संपर्क सूत्र: 9910512246 |
| बबली ठाकुर | संपर्क सूत्र: 9958097374 |

EVENTS DAY-1 23 <sup>rd</sup> NOVEMBER 2020	
1. Madadi Me Village	48. Variety Math
2. A Way Down with State Bag Around	49. Math By Design
3. Indian way to Nutrition and Fitness	50. Maths Facts (Puzzle - Pandemic Budget)
4. मन कथें (मन अर्थव्यवस्था)	51. Mental Health Campaign
5. लोक कथा कथन	52. Our Story ("Aam Nubhar Bharat")
6. पंचरीत कथा कथन	53. Our Memoire
7. La petite Résistance du pain	54. Yashagana Face painting
8. Re-emergence of Ayurveda	55. Ekanga Art
9. Magabhy	56. Vito Red -Worece Dance
	57. Yogi Pu India (IX - XII)

[REGISTER](#)



“भूली बिसरी लोक कथाएँ, चलो आज हम सुनें- सुनाएँ।”

कक्षा – नौवीं अथवा दसवीं  
प्रतिभागी संख्या: केवल एक  
साधन: ऑफ़लाइन  
प्रस्तुतीकरण: वीडियो द्वारा  
सहायक सामग्री: केवल एक (लोक कथा या राज्य के आधार पर)  
वेशभूषा : रंगीन इच्छानुसार

समयावधि: 5 मिनट

## दिशा-निर्देश

1. निर्धारित समय सीमा का ध्यान रखना होगा।
2. कृपया अपनी वीडियो फ़ाइल दी गई मेल आईडी में भेजें - [mindquesthindi9to10@gmail.com](mailto:mindquesthindi9to10@gmail.com)
3. लोककथा में किसी भी प्रकार के अपशब्द या अभद्र भाषा का प्रयोग वर्जित है और इस बात का विशेष ध्यान रखें कि कथा में समुदाय धर्म या जातिगत टिप्पणी ना हो।

## निर्णय का आधार (प्रत्येक बिंदु 5 अंक )

1. लोक कथा का चुनाव (राज्य या प्रदेश का नाम) तथा परिचय
2. हाव-भाव के साथ लोक कथा वाचन (कथा के अनुरूप भावों के उतार-चढ़ाव सहित जैसे- खुशी, उदासी, आशंका आदि)
3. कथा का प्रवाह, प्रभाव और प्रस्तुतीकरण (राज्य या प्रदेश विशेष के उच्चारण, बोली के साथ लोक कथा वाचन सहित)

## कार्यक्रम प्रभारी

मधु चुग  
बेला अग्रवाल

संपर्क सूत्र: 9871172795  
संपर्क सूत्र: 9810440453

MAGAZINE MAY-1 2020 (संस्करण 2020)	
1. Madhuri My Village	1. Yashita Math
2. A Way Down with Shikha Raj Anand	2. Manish by Dhwani
3. Indian way to Nutrition and Fitness	3. Sneha Saha (Post - Pandemic Outlook)
4. नमो कोविड (नमो अहिंसा)	4. Mental Health Campaign
5. गीत: कथा अजय	5. Our Story ("Aam Nubbar Bharat")
6. पंचरंग अथ अजय	6. Our Memoire
7. La poésie: Réécriture du poème	7. Yashagana Face painting
8. Re-emergence of Ayurveda	8. Thought Art
9. Madhuri	9. Vira Das -Western Dance
	10. Yashu Pri Saha (C - 2020)

REGISTER

## पंचतंत्र के गलियारों से (कथा वाचन प्रतियोगिता)

“पंचतंत्र की रोचक कहानी, आओ सुने बच्चों की जुबानी।”

कक्षा – आठवीं से दसवीं  
प्रतिभागी संख्या: केवल एक  
साधन: ऑफ़लाइन  
भाषा-माध्यम: संस्कृत  
प्रस्तुतीकरण: वीडियो द्वारा

समय अवधि: 5 मिनट

वेशभूषा: सफ़ेद कुर्ता-पायजामा / सफ़ेद पैंट-कमीज / सफ़ेद सलवार-कमीज / सफ़ेद कमीज-स्कर्ट

### दिशा-निर्देश

1. सहायक सामग्री (Props) का प्रयोग अनिवार्य है।
2. कृपया अपनी वीडियो फ़ाइल दी गई मेल आईडी में भेजें - [mindquestsanskrit8to10@gmail.com](mailto:mindquestsanskrit8to10@gmail.com)

### निर्णय का आधार

- |                                  |       |
|----------------------------------|-------|
| 1. कण्ठस्थीकरण                   | 5 अंक |
| 2. कथा का वाचन उचित हाव-भाव सहित | 5 अंक |
| 3. उच्चारण                       | 5 अंक |
| 4. विषयवस्तु एवं प्रस्तुतीकरण    | 5 अंक |
| 5. सहायक सामग्री                 | 5 अंक |

### कार्यक्रम प्रभारी

रेणू गौड़ संपर्क सूत्र: 9811553835

कक्षा-8AY-1 2024-2025	
1. Madhubi My Village	26. Yashvi Math
2. A Way Down with Math Raj Anand	27. Math by Design
3. Indian way to Nutrition and Fitness	28. Sweta India (Food - Foodistic Budget)
4. नए कलाई कला अभियान	29. Manish Math, Campaign
5. गीत: अन्न अन्न	30. Sri Sany ("Ammi Nishkar Sheral")
6. पंचतंत्र अन्न अन्न	31. dot Memoire
7. En indien: Récitation de poèmes	32. Vaidhyanand Face painting
8. Re-emergence of Ayurveda	33. Thevika Art
9. Magically	34. Vika Sat - Weavers Dance
	35. Vika Sat India (IC - 202)

**REGISTER**

# La poésie- Récitation du poème de Rabindranath Tagore

**Classes:** VI to VIII

**Mode:** Offline

**No. of Teams per school:** 1

**Topic:** là où l'esprit est sans crainte

**No. of Participants per Team:** 1

## DESCRIPTION OF EVENT

Impassioned recitation of a poem dedicated to the motherland

## RULES

1. Les participants ne sont pas autorisés à lire le poème.
2. Les participants doivent être vêtus d'une tenue indienne.
3. Aucune représentation ne doit dépasser la limite de temps.
4. Veuillez envoyer votre travail à [mindquestfrench6to10@gmail.com](mailto:mindquestfrench6to10@gmail.com).

## JUDGEMENT CRITERIA

1. La prononciation 5 points
2. La Beauté d'expression 5 points
3. L'aisance 5 points

## Teachers -In -Charge

Mme Shikha Sharma

Mobile No: 9871982341

Mme Shamita Mukhopadhyay

Mobile No.: 8700240825

## LE TEXTE DU POÈME

**Là où l'esprit est sans crainte Par Rabindranath Tagore**

Là où l'esprit est sans crainte et où la tête est haute portée

Là où la connaissance est libre

Là où le monde n'a pas été morcelé entre étroites parois mitoyennes

Là où les mots émanent de la profondeur de la sincérité

Là où l'effort infatigable étend ses bras vers la perfection

Là où la clarté courante de la raison ne fait pas mortellement égaré dans l'aride et mortel désert de la coutume

Là où l'esprit guidé par toi s'avance dans l'élargissement continu de la pensée et de l'action

Dans ce paradis de liberté mon père permets que ma patrie s'éveille.

**REGISTER**

EXAM: RAY-1 23rd NOVEMBER 2020	
1. Madagali Nri Village	Yeremy Math
2. A Wyo Dees with Mark Red Assed	Mark by Design
3. Indian way in Nutrition and Fitness	Evets India (Part - Foundation Budget)
4. नमो भर्तुः (नमो भर्तुः)	Manish Manish Campaign
5. धर्म धर्म धर्म	Dr. Sany (Aashu Mishra Bharti)
6. धर्म धर्म धर्म	Dot Memoire
7. धर्म धर्म धर्म	Yashaguna Face painting
8. La poésie- Récitation du poème	Through Art
9. Re-emergence of Ayurveda	Vita Nat - Ayurveda Drama
10. Madagali	Yashu - Pa India (Part - 2020)



# Découvrir l'Inde

**Classes:** IX and X

**Mode:** Offline

**No. of Teams per school:** 1

**No. of Participants per Team:** 1

**Topic:** Découvrir Pondichéry avec un Guide Touristique

## DESCRIPTION OF EVENT

Imaginez que vous êtes un guide touristique et vous devez diriger un groupe de touristes français à Pondichéry. Alors, découvrez et parlez de Pondichéry en ajoutant l'AUROVILLE particulièrement. Complétez à l'aide d'une présentation powerpoint ou bien avec des images.

## RULES

1. La description ne doit pas dépasser la durée (5 minutes).
2. Les participants ne sont pas autorisés à lire la description de la aucune source.
3. Il devrait être en français seulement.
4. Veuillez envoyer votre travail à --- [mindquestfrench6to10@gmail.com](mailto:mindquestfrench6to10@gmail.com) .

## JUDGEMENT CRITERIA

- |                           |          |
|---------------------------|----------|
| 1. La prononciation       | 5 points |
| 2. Le respect du thème    | 5 points |
| 3. L'aisance              | 5 points |
| 4. La beauté d'expression | 5 points |

## Teachers -In -Charge

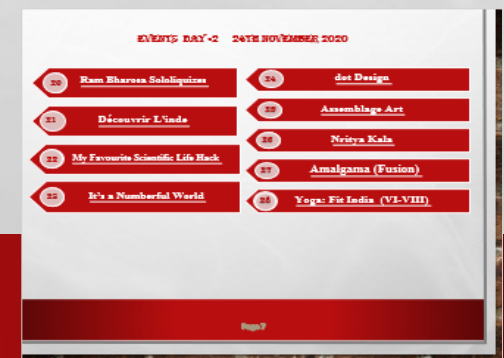
Mme Shikha Sharma

Mme Shamita Mukhopadhyay

Mobile No: 9871982341

Mobile No.: 8700240825

**REGISTER**



# MY FAVOURITE SCIENTIFIC LIFE HACK (Sci Vi)

**Classes:** VI to VIII

**Mode:** Offline

**No. of Teams per school:** 2

**No. of Participants per Team:** 1

**Topic:** My Favourite Scientific Life Hack – Simplifying Our Daily Lives

**Duration:** 4 minutes

## DESCRIPTION OF EVENT

A 'LIFEHACK' is a simple yet clever tip or a technique for accomplishing some familiar task more easily and efficiently. These tricks help in eliminating life's manifold frustrations in simple and ingenious ways by deploying household items for purposes beyond their wildest aspirations.

## RULES

1. The demonstration and the explanation of the life hack should be video-graphed.
2. The activity/life hack should be performed using SAFE, economical and easily available material.
3. The activity must be performed and recorded under the supervision of parent/guardian.
4. Kindly mail your video at [mindquestscience6to8@gmail.com](mailto:mindquestscience6to8@gmail.com).
6. The explanatory part of video should also include a brief of :
  - Scientific principle/s involved.
  - Reason why this scientific hack is your favourite.

## JUDGEMENT CRITERIA

- |   |           |
|---|-----------|
| 1. Explanation of Scientific principle/s involved | 10 points |
| 2. Uniqueness of Life Hack                        | 10 points |
| 3. Utility in everyday life                       | 5 points  |
| 4. Ease of availability of Material used          | 5 points  |

## Teachers -In-Charge

Mr. Abhishek V. Masih

Ms. Monika Dass

Mobile No.: 9818751280

Mobile No.: 9213661805

**REGISTER**





# Re-emergence of Ayurveda

**Class:** XI

**Mode:** Level -I (Offline)  
Level -II (Online)

**No. of Teams per school:** 1

**No. of Participants per Team:** 2

**Topic:** Age old Ayurveda is revived

**Duration:** 5 Minutes

## DESCRIPTION OF EVENT

Ayurveda is organic, comprehensive, and holistic and includes nature friendly curative therapies. It has shown great promise in enabling the body, to fight ailments, by stimulating one's immune system. Re-emergence of Ayurveda can be the game changer that health care has been waiting for.

## Rules

1. The participant will choose any one aspect of Ayurveda.
2. He/she will then make a comprehensive PowerPoint Presentation of the aspect selected.
3. The presentation should not exceed 7 slides.
4. If a participant is found reading from any script, marks will be deducted.
5. The presentation is to be emailed at [mindquestbiosymposium@gmail.com](mailto:mindquestbiosymposium@gmail.com).
6. Shortlisted participants will be invited for Level II, an online interaction with the judges on the day of the event.

## JUDGEMENT CRITERIA

- |                            |           |
|----------------------------|-----------|
| 1. Relevance of content    | 10 Points |
| 2. Clarity of concepts     | 10 Points |
| 3. Presentation            | 5 Points  |
| 4. Interaction with judges | 5 Points  |

## Teachers-in -Charge

Ms. Marina Sanyal

Mobile No. 9871764464

Ms. Himani Bist

Mobile No. 9968204723



**REGISTER**

# MAGOPHY

**Classes :** XI & XII

**Mode:** Level I (Offline)

Level II (Online)

**No. of Teams per school:** 1

**Topic:** “A reminiscence of India’s great physicists”

**No. of Participants per Team:** 2

**Duration:** 4 Minutes

## DESCRIPTION OF EVENT

India has a rich history of geniuses and scientists whose works have been highly appreciated across the globe. Some of our Indian scientists have created history by changing the world and setting benchmarks of innovation. Thus, in order to get our students to appreciate our Physics heroes, the event “MAGOPHY” is conceptualized. It is a research-based event where participants will be preparing a video to present the life and work of any one of India’s great physicists whom they admire the most.

## RULES

1. The participating schools must send the name of any two physicists they have selected by **4<sup>th</sup> November 2020**.
2. Schools will be intimated the name of the physicist assigned to them to research on, by **6<sup>th</sup> November 2020**. This is done to avoid repetition.
3. Each team will design a Power Point Presentation and merge it with the video of themselves explaining the work of the physicist.
4. The video must be emailed at [mindquestphysicsmagophy@gmail.com](mailto:mindquestphysicsmagophy@gmail.com) .
5. Shortlisted participants will be invited for Level II, an online interaction with the judges on the day of the event. Here the teams will be tested on their understanding of the work of the scientist and the authenticity of the teams’ presentation.

## JUDGEMENT CRITERIA

- |   |           |
|---|-----------|
| 1. Research on the work of the Physicist  | 20 points |
| 2. Sequencing of the content in the video | 10 points |
| 3. Interaction with Judges                | 20 points |

## Teachers -In-Charge

- |                    |                        |
|--------------------|------------------------|
| Mr. Ravindra Kumar | Mobile No. 9811870668  |
| Ms. Aruna Jalan    | Mobile No.: 9811579556 |

**REGISTER**



# VERSITY MATH

“Where there is matter, there is geometry.”

- Johannes Kepler

**Classes:** VI to VIII

**No. of Teams:** 1

**Topic:** Math in Vegetables and Fruits

**Mode:** Online

**No. of participants per team:** 1

**Duration:** 40 minutes + Interaction with the judges

## DESCRIPTION OF EVENT

Participants will unravel the mathematical structures and dimensions in fruits and vegetables.

Note: As the entire activity is to be done online (during the competition) students should keep all required material (fruits, vegetables, knife, cutting board, plates etc.) ready before the event starts.

## RULES

1. Cut fruits and vegetables in geometrical shapes (Examples: Cone, Cylinder, Pyramid etc.). The fruits and vegetables must not be pre-cut.
2. Prepare a 3-d Salad Presentation using geometrical shapes with a brief explanation. Time duration for the preparation and presentation will be 40 minutes.
3. The activity must be performed under the supervision of parent/guardian.
4. This will be followed by an interaction with the judges.

## JUDGEMENT CRITERIA

- |  |           |
|--|-----------|
| 1. Number and complexity of geometrical shapes used  | 10 Points |
| 2. Knowledge of geometrical shapes (An interaction with the judges where participants will explain their presentation) | 10 Points |
| 3. Creativity of presentation  | 5 Points  |
| 4. Neatness of Presentation  | 5 Points  |

## Teachers -In-charge

Ms. Ranjana Saxena

Mr. Varghese K. Samuel

Mobile No.: 9990340552

Mobile No.: 9717553228



**REGISTER**



# IT'S A NUMBERFUL WORLD

*"Without Mathematics, there's nothing you can do. Everything around you is Mathematics. Everything around you is numbers."*

-SHAKUNTALA DEVI

**Classes:** IX & X

**Mode:** Level I (OFFLINE)

Level II (ONLINE)

**No. of teams per school:** 1

**No. of participants per team:** 2

**Topic:**

- The Math behind Music
  - Dancing with Mathematics
- (Choose any one topic)

**Duration:** 4 minutes

**DESCRIPTION OF EVENT**

The role of mathematics in Indian music/dance is to be explained by the students. The presentation can be made either in the form of a video where students perform, or it can be through a PPT by using explanatory images. The students will depict the use of mathematical concepts in music/dance, like use of numbers, patterns, symmetry, geometrical shapes, etc.

**RULES**

1. Video must be sent in .mp4 format at [mindquestmath9to10@gmail.com](mailto:mindquestmath9to10@gmail.com) .
2. Duration of the recorded video/ PPT should not exceed the time limit.
3. The video/PPT will be shortlisted on the basis of the mathematical concepts used in the dance / music form.
4. Shortlisted participants will be invited for Level II, an online interaction with the judges on the day of the event

**JUDGEMENT CRITERIA**

- |                                |           |
|--------------------------------|-----------|
| 1. Content Quality             | 10 Points |
| 2. Presentation                | 10 Points |
| 3. Creativity                  | 10 Points |
| 4. Accuracy in thought process | 10 Points |

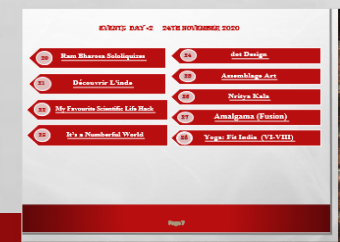
**Teachers -in - Charge**

Mr. Michael Paul

Ms. Jatinder Kaur

Mobile No. 9968407104

Mobile No. 9811701595



**REGISTER**

# MATH BY DESIGN

*“The moving power of mathematical invention is not reasoning but imagination”*

- A. DEMORGAN

**Classes:** XI & XII

**Mode:** Level I (offline)

Level II (online)

**No. of Teams per School:** 1

**Topic:** Mathematics in Indian Architecture

**No. of Participants per Team:** 2

**Duration:** 4 Minutes

## DESCRIPTION OF EVENT

Each team will design a Power Point Presentation and merge it with the video of themselves explaining the role of mathematics in Indian Architecture in general and any one building or monument in particular (Application of at least 3 mathematical concepts is mandatory).

## RULES

1. The merged video must be emailed at: [mindquestmath11to12@gmail.com](mailto:mindquestmath11to12@gmail.com) .
2. Shortlisted participants will be invited for Level II, an online interaction with the judges on the day of the event.

## JUDGEMENT CRITERIA

- |                                    |           |
|------------------------------------|-----------|
| 1. Content Quality                 | 10 points |
| 2. Presentation                    | 10 points |
| 3. Accuracy in the thought Process | 10 points |
| 4. Interaction with the judges     | 10points  |

## Teachers -In -Charge

Ms. Rupa Chugh

Mobile No. 9717882172

Ms. Jairusha Jackson

Mobile No. 9953412756

**REGISTER**





# REVIVE INDIA

"Epidemics are a stress test for a system. The issue is how much resilience is built into those systems." - Dr. Michael J. Ryan, WHO

**Classes:** XI and XII

**Mode:**

**level 1:** Offline

**level 2:** online

**No. of Participants per Team:** 2

**Duration:** 5 minutes

**No. of Teams per school:** 1

**Topic:** Post Pandemic Budget

## DESCRIPTION OF EVENT

The COVID-19 pandemic emerged when India had just begun to implement its 2020 budget. Since then, the short-term priority has been designing and implementing immediate responses to the crisis through emergency instruments and short term schemes. With the 2020 budget execution diverging widely from its projected course, attention now needs to turn to preparing the budget for FY2021. This will be a challenging task, given the uncertainty of the post-lockdown economic impact, the massive fiscal shock from the pandemic and the pressure of bringing the economy back on track.

The objective of this competition is to identify the post pandemic priorities in a Government Budget (expenditure component only) through the ideas of young minds.

The participants need to draft an expenditure budget for FY 2021- 22, allocating the anticipated receipts to different sectors/ states, reflecting the post pandemic priorities along with achieving the broad objectives of a Government Budget.

## Guidelines

1. Participants must plan the expenditure allocation with Rs.1,000 Crore as the estimated revenue.
2. The proposed spending must include both capital and revenue expenditure.
3. Allocation can be done state wise (regional balance) and / or sector wise (reallocation of resources) or to any other area.
4. Presentation must include the amount allocated with valid justification for each head of expenditure.
5. Teams are expected to make use of statistical tools in the presentation.

## RULES

1. This competition is open to Commerce/ Economics students of classes XI & XII.
2. The video must be emailed it at [mindquestcommerce11to12@gmail.com](mailto:mindquestcommerce11to12@gmail.com) by 16<sup>th</sup> November 2020.
3. Participants should be in Corporate Formals.
4. Shortlisted participants will be invited for Level II, an online interaction with the judges on the day of the event.

## JUDGEMENT CRITERIA

- |                            |           |
|----------------------------|-----------|
| 1. Content                 | 10 points |
| 2. Presentation            | 10 points |
| 3. Realistic Strategy      | 10 points |
| 4. Interaction with judges | 10 points |

## Teachers-In-Charge

Ms. Deepika Sachdeva Mobile No.: 9811536864

Ms. Divneet Kaur Mobile No.: 9910263078



**REGISTER**

# MENTAL HEALTH CAMPAIGN

**Classes:** XI & XII

**Mode:** Level I (Offline)

Level II (Online)

**No. of Teams per school:** 2

**Topic:** Mental Health Awareness Campaign

**No. of Participants per Team:** 1

**Duration:** 5 minutes

## DESCRIPTION OF EVENT

Mental health awareness is important to bring down the walls of stigma as it educates others on what mental health really is. Talking about mental health issues helps improve our communities by making it more acceptable for those suffering from mental illnesses to seek help, learn to cope, and get on the road to recovery. In addition, mental health isn't just about mental illnesses. It's also about maintaining a positive state of wellbeing.

## RULES

1. The participants will have to create a Power Point Presentation on awareness campaign related to any one mental health issue/disorder (Reference source ICD-11)
2. Each team will make a video of themselves explaining the presentation and merge it with the ppt.
3. The video must be emailed at [mindquestpsychology11to12@gmail.com](mailto:mindquestpsychology11to12@gmail.com).
4. Shortlisted participants will be invited for Level II, an online interaction with the judges on the day of the event.

## JUDGEMENT CRITERIA

- |   |           |
|---|-----------|
| 1. Uniqueness of the disorder/ issue selected   | 5 points  |
| 2. In-depth research/ information provided for the said mental health issue/ disorder | 10 points |
| 3. Presentation of content (Introduction, Symptoms, Treatment, Prevalence)            | 5 points  |
| 4. Interaction with the judges  | 5 points  |

## Teacher-In-Charge

Ms. Shobhna Grundy

Mobile No: 9971799008



**REGISTER**

# dot STORY (AATM NIRBHAR BHARAT)

Classes: VI to VIII

No. of Teams per school: 1

Mode: Offline

No. of Participants per Team: 1

Duration: 3 minutes

## DESCRIPTION OF EVENT

Scratch story animation is a fun filled and exciting activity. It attracts the attention of students, keeps them engaged and enhances their cognitive skills. It also promotes creativity, develops programming skills and logical thinking, thereby honing the much required 21<sup>st</sup> century skills. This event is a great opportunity to optimize the use of Scratch tools and develop an engaging and an interactive story..

## RULES

1. The participant will be required to create an animated story based on the given topic using Scratch 3.0
2. The link of the animated story in SB3 format should be email by 16<sup>th</sup> November 2020 at:

[mindquestIT6to8@gmail.com](mailto:mindquestIT6to8@gmail.com) .

## JUDGEMENT CRITERIA

- |   |           |
|---|-----------|
| 1. Use of various features of scratch 3.0 | 10 points |
| 2. Usage of various blocks and sprites    | 10 points |
| 3. Content                                | 10 points |
| 4. Overall presentation                   | 5 points  |

## Teachers –In –Charge

Ms. Indra Gupta

Mobile No.: 96542 96752

Ms. Nutan Tripathi

Mobile No.: 9871269383



**REGISTER**



# dot DESIGN

**Classes:** IX & X

**No. of Teams per school:** 1

**Topic:** Topic will be shared on 2<sup>nd</sup> November 2020.

**Mode:** Offline

**No. of Participants per Team:** 2

## DESCRIPTION OF EVENT

Web development is one of the most attractive fields in the tech industry. To raise your business or to promote your product and services a strong web presence is critical. The website plays a vital role and gives more information about your business or the product you offer and helps the customer to know more about your company. Deprived of a strong website you cannot fulfil your customer's needs.

## RULES

1. Participants will design a website based on the given topic.
2. Participants are free to use any editor.
3. Technology used: HTML, CSS, JavaScript, jQuery
4. Participants are required to upload their website projects to their Google Drive (zipped into a single file) and email the link at [mindquestit9to10@gmail.com](mailto:mindquestit9to10@gmail.com) 16<sup>th</sup> November 2020.
5. The Website must be compatible with Google Chrome.
6. Usage of templates will result in the disqualification of the team.
7. Shortlisted participants will be invited for Level II, an online interaction with the judges on the day of the event.

## JUDGEMENT CRITERIA

- |                                |           |
|--------------------------------|-----------|
| 1. Creativity                  | 10 points |
| 2. Design                      | 10 points |
| 3. Visual Appeal               | 10 points |
| 4. Interaction with the judges | 10 points |

### Teacher-In-Charge

Ms. Nutan Tripathi

MS. Kamaljeet Kaur

Mobile No.: 9871269383

Mobile No.: 99991 06905



**REGISTER**

# dot MEMOIRE

**Classes:** XI & XII

**No. of Teams:** 1

**Topic:** Memorabilia in a movie

**Mode:** Offline

**No. of Participants:** 1-4 Participants per team

**Duration:** 3 minutes

## DESCRIPTION OF EVENT

Movie making is a fun-filled and wonderful team building exercise that drives young people to work together and achieve the product - their masterpieces. It is as educating as it is entertaining. Young minds get an opportunity to understand research, ideation, organization, planning, multitasking, decision-making while showcasing their talents in a variety of art-forms. Let's come together to reminisce upon our memories with the event.

## RULES

1. The students are required to create a short film of 2-3 minutes based on memorabilia of their own choice.
2. The piece of memorabilia could be any artefact/souvenir of any place in India.
3. The students can recreate the scenes using objects / props available in their homes and must shoot indoors only.
4. The students may include any form of expression like music/poetry /narration /dialogues to explain their memorabilia.
5. The students are free to use any available video editing software for movie making.
6. The students are required to mail the link of their video at [mindquestmovie11to12@gmail.com](mailto:mindquestmovie11to12@gmail.com) by 16<sup>th</sup> November 2020.
7. The selected videos will be showcased on the day of the event. The participants will be informed regarding the final showcasing of the videos.
8. The contents of the movie must be original. Any copying from the internet will result in the disqualification of the team.
9. Students must use copyright free/ royalty free music. And give proper credits to any other sources used.

## JUDGEMENT CRITERIA

- |                                  |           |
|----------------------------------|-----------|
| 1. Content & Creativity          | 10 points |
| 2. Designing & Effects           | 10 points |
| 3. Continuity and Narrative flow | 10 points |

## Teacher In-charge

Ms. Kamaljeet Kaur      Mobile No.: 9999106905

Ms. Charu Gupta      Mobile No.: 8368587922

EVENTS DAY-1 23 <sup>rd</sup> NOVEMBER 2020	
8:00	Madhuri Nis. Village
8:15	Yashvi Math
8:30	A Way Down with Meek Raj Jassal
8:45	Shikha Bhatnagar
9:00	Indian way to Nutrition and Fitness
9:15	Shruti Bhatnagar (Food - Foodnet Budget)
9:30	Our school dress album
9:45	Manish Bhatnagar
10:00	Our school dress album
10:15	Shruti Bhatnagar (Food - Foodnet Budget)
10:30	dot Memoire
10:45	Yashvi Math
11:00	La poésie: Réécriture du poème
11:15	Yashvi Math
11:30	Re-emergence of Ayurveda
11:45	Yashvi Math
12:00	Madhuri Nis. Village

**REGISTER**



# ASSEMBLAGE ART

**Class:** VI

**No. of Teams per school:** 1

**Mode:** Offline

**Topic:** National Symbols of India

**No. of participants per Team:** 1

## DESCRIPTION OF EVENT

Students have to assemble natural material like bark, twigs, pebbles, leaves, petals, grass, stones, vegetable, pulses, cardboard, paper etc. to create an assemblage of any one of the National symbols of India.

## RULES

1. Size of the work -Half imperial size paper.
2. Participants to send jpeg picture of the work. The participants Name, Class and School code must be affixed on the bottom of the paper and the student details must appear within the frame of the photograph.
3. The image/picture has to be emailed at [artmindquestart6@gmail.com](mailto:artmindquestart6@gmail.com) .

## JUDGEMENT CRITERIA

- |   |           |
|---|-----------|
| 1. Use of natural & organic material and their combination creatively | 10 points |
| 2. Correctness of the form or symbol                                  | 10 points |
| 3. Overall Presentation.  | 10 points |

## Teachers –In –Charge

Ms. Anamta

Mobile No.: 9773925804

Ms. Akanksha Sinha

Mobile No.: 8587878963



**REGISTER**

# YAKSHAGANA - FACE PAINTING

**Classes:** VII & VIII

**Mode:** Offline

**No. of Teams:** 2

**No. of participants per team:** 1

**Topic:** Yakshagana face painting of Kerala and Karnataka

## DESCRIPTION OF EVENT

The participants are expected to make a meaningful face painting that supports the Yakshagana art form. The work should relate to the folk culture of Kerala and Karnataka.

## RULES

1. Students can make the face painting on their own self or on someone else's face.
2. Any safe colour can be used to paint the face.
3. A minimum 5 photographs capturing the various stages of the face painting along with Name, Class and School code projected or pinned on the corner / hemline.
4. The photographs must be presented in sequence via Power Point and emailed at [mindquestart7to8@gmail.com](mailto:mindquestart7to8@gmail.com).

## JUDGEMENT CRITERIA

- |  |           |
|--|-----------|
| 1. Relevance to the theme                    | 10 points |
| 2. Combination of colours and their vibrancy | 10 points |
| 3. Overall Impression                        | 10 points |

## Teacher –In –Charge

Ms. Arpita HomRoy

Mobile No. 9818378463

Ms. Anamta

Mobile No. 9773925804



**REGISTER**

# THANGKA ART (Folk Art of Sikkim)

**Classes:** IX & X

**Mode:** Offline

**No. of Teams per School:** 2

**No. of Participants per Team:** 1

**Topic:** Landscape, Skyscape, Seascape, Nature (choose anyone) in folk art

## DESCRIPTION OF EVENT

Students can select any topic from the above and make use of authentic Thangka painting style that features delineating lines using tints and tones of colours with Thangka stylized drawing features.

## RULES

1. Size of the work – A3 size
2. Medium- Poster colour
3. Participants must email the pictures in jpeg format, having the participants Name, Class and School code on the bottom of the paper, appearing within the same frame of the photograph at [mindquestart9to10@gmail.com](mailto:mindquestart9to10@gmail.com).

## JUDGEMENT CRITERIA

- |   |           |
|---|-----------|
| 1. Authentic use of folk-art style        | 10 points |
| 2. Clarity in interpretation of the topic | 10 points |
| 3. Use of elements in the composition     | 10 points |
| 4. Overall appeal                         | 10 points |

## Teachers –In –Charge

Ms. Arpita HomRoy

Mobile No.:9818378463

Ms. Akanksha Sinha

Mobile No.:8587878963



**REGISTER**



# NRITYA KALA – INDIAN FOLK DANCE

**Classes:** VI to VIII

**No. of Teams per school:** 1

**Duration:** 4 minutes

**Topic:** Discovering the mystified Indian states and their folk art.

**Mode:** Offline

**No. of Participants per Team:** 1

## DESCRIPTION OF EVENT

Participants can perform any traditional folk dance from the given states:

1. West Bengal
2. Jharkhand
3. Odisha
4. Bihar
5. Chhattisgarh
6. Sikkim
7. Nagaland

## RULES

1. Name, class, school code (not school's name) must be mentioned as the first slide of the video.
2. Costume and makeup should be as per the choice of state.
3. Only traditional and ethnic songs are allowed.
4. All videos should be emailed at [mindquestdance6to8@gmail.com](mailto:mindquestdance6to8@gmail.com) by 16<sup>th</sup> November 2020.

## JUDGEMENT CRITERIA

- |  |           |
|--|-----------|
| 1. Choreography  | 10 points |
| 2. Expressions   | 10 points |
| 3. Coordination of the movements according to the song | 10 points |

## Teachers -In -Charge

Ms. Megha Nair

Mobile No.: 9818181690

Ms. Shirisha Kanwar

Mobile No.: 9953705978



**REGISTER**

# AMALGAMA (Fusion)

**Classes:** IX & X

**No. of Teams:** 1

**Topic:** Two lives in one

**Mode:** Offline

**No. of Participants per Team:** Solo or Duet

**Duration:** 4 Minutes

## DESCRIPTION OF EVENT

Choose an Indian Classical artist and a foreign artist to fuse their styles and lives into a single performance.

## RULES

1. Bollywood songs are strictly not allowed. Appropriate music for fusion dance must be used.
2. Editing the video holds no extra points.
3. Name, class, school code (not school's name) must be mentioned in the first frame of the video.
4. Prepare another frame providing the name of the artists you have chosen and give a brief introduction as a tribute to their legacy. This should be the second frame. It could be a written text or spoken.
5. The duration is inclusive of the introduction time.
6. No marks are allotted for the costume, but it is mandatory to dress appropriately and relevant to your chosen dance style.
7. All videos should be emailed at [mindquestdance9to10@gmail.com](mailto:mindquestdance9to10@gmail.com) by 16<sup>th</sup> November, 2020.

## JUDGEMENT CRITERIA

- |  |           |
|--|-----------|
| 1. Originality and creativity (Choreography) | 10 points |
| 2. Expressions and movement                  | 10 points |
| 3. Coordination and creativity with music    | 10 points |
| 4. Skills and overall execution              | 10 points |

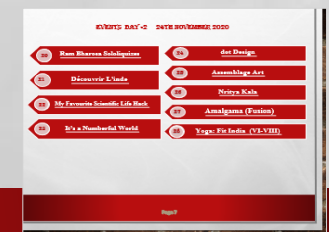
## Teacher-In-Charge

Ms. Shirisha Kanwar

Ms. Megha Nair

Mobile No.: 9953705978

Mobile No.: 9818181690



**REGISTER**

# VIBE-IND WESTERN DANCE

**Classes:** XI & XII

**No. of Teams per school:** 1

**Topic:** There's such beauty in the local

**Mode:** Offline

**No. of Participants per Team:** 1

**Duration:** 3 Minutes 30 Seconds

## DESCRIPTION OF EVENT

Choose an Indian artist who is a master of a western dance style such as Contemporary, Hip-hop, Jazz or Ballet. Infuse his/her style of movement into your performance. The music or song used must be a regional language song /Indian classical music. The dance forms used must only be from the above mentioned.

## RULES

1. Languages allowed for the songs are Telugu, Assamese, Bengali, Dogri, Tamil, Konkani, Malyalam, Urdu and Odia. Layering and mixing with western music is allowed.
2. Name, class, school code (not school's name) must be mentioned as the first frame of the video.
3. Prepare another frame providing the name of the artist who influenced your performance and give a brief introduction of his/her legacy. It could be a written text or spoken. This is an important point for judgement as it reflects why you made this choice, so be eloquent with this. This should be your second frame.
4. No marks are allocated for the costume, but it is mandatory to dress appropriately and relevant to your chosen dance style.
5. All videos should be emailed at [mindquestdance11to12@gmail.com](mailto:mindquestdance11to12@gmail.com) by 16<sup>th</sup> November, 2020.

## JUDGEMENT CRITERIA

- |  |           |
|--|-----------|
| 1. Originality and creativity (Choreography) | 10 points |
| 2. Expressions/movements                     | 10 points |
| 3. Coordination and creativity with music    | 10 points |
| 4. Skills and overall execution              | 10 points |

## Teacher-In-Charge

Ms. Shirisha Kanwar

Ms. Megha Nair

Mobile No.: 9953705978

Mobile No.: 9818181690

KINVEST DAY-1 2020-2021	
1. Madhuri Di. Village	2. Varnika Math
3. I May dance with you and I don't	3. Shikha by Shikha
4. Madhuri Di. Village	4. Madhuri Di. Village
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**REGISTER**



# YOGA COMPETITION – FIT INDIA

**Classes:** VI to VIII

Category I- Boys

Category II-Girls

**Mode:** Level I – Offline

Level II - Online

**No. of Participants:** 1 from each category

## DESCRIPTION OF EVENT

To live through this lockdown & pandemic period, yoga is the best thing to adopt as a lifestyle habit. It helps us build a strong physical, mental and spiritual health system. When combined with breathing and meditation, it acts as the best element to take care of our mind, body and soul. Yoga helps us to stay physically strong and mentally balanced.

## RULES ( OFFLINE)

1. The participants must wear leggings and fitted T-shirts which must be tucked in.
2. Total 5 asanas have to performed in maximum of 3 minutes. Asanas must include Back bending Posture, Twisting Posture, Leg Balance Posture (1 from each ) and two optional postures.
3. Maintain the sequence of the asana. (This rule will apply to both the rounds).
4. Best 5 from each category, would be shortlisted for the final live round.
5. COMPULSORY - The asana should be performed under the supervision of the parent .
6. The participants will have to be emailed by 16<sup>th</sup> Nov 2020 at the email ID: [mindquestyoga6to8@gmail.com](mailto:mindquestyoga6to8@gmail.com).
7. Edited video will be disqualified.
8. Teams shortlisted for the final round will be notified via email.

## RULES (ONLINE)

1. Total 5 asanas have to performed in maximum of 3 minutes. Asanas must include any 5 postures.
2. Asanas performed in the first round cannot be repeated in the online round.

## JUDGEMENT CRITERIA

- |  |           |
|--|-----------|
| 1. Time limit  | 10 points |
| 2. Correct posture   | 10 points |
| 3. Retention of posture  | 10 points |
| 4. Degree of flexibility, balance and calmness during retention. | 10 points |
| 5. Synchronisation of body movement with music                   | 10 points |

## Teachers -In -Charge

Ms. Kavita Marwah

Mr. Tarun Arora

Mr. Vipin Shukla

Mobile No.: 8802778871

Mobile No.: 9891946541

Mobile No.: 9971233122



**REGISTER**

# YOGA COMPETITION – FIT INDIA

**Classes:** IX to XII

Category I- Boys

Category II-Girls

**Mode:** Level I – Offline

Level II - Online

**No. of Participants:** 1 from each category

## DESCRIPTION OF EVENT

Yoga helps us to stay physically strong and mentally balanced. It helps us build a strong physical, mental and spiritual health system. When combined with breathing and meditation, it acts as one of the most effective elements to take care of our mind, body and soul.

### RULES (OFFLINE)

1. The participants must wear leggings and fitted T-shirts which must be tucked in.
2. Total 5 asanas must be performed in maximum of 3 minutes. Asanas must include Back bending Posture, Forward bending, Leg /Hand balancing Posture (1 from each) and two optional postures.
3. Maintain the sequence of the asana. (This rule applies to both the rounds).
4. Best 5 teams from each category, will be shortlisted for the live round.
5. COMPULSORY - The asana should be performed under the supervision of the parent .
6. The participants must email the video by **16<sup>th</sup> Nov 2020** at the email ID: [mindquestyoga9to12@gmail.com](mailto:mindquestyoga9to12@gmail.com).
7. Edited video will be disqualified.
8. Teams shortlisted for the final round will be notified via email.

### RULES (ONLINE)

1. Total 3 asanas have to performed. First 2 asanas have to be performed in maximum of 2 minutes. Asanas must include Forward bending, Twisting posture and Hand/Leg balance postures. The third asana is to be retained for maximum of 3 minutes.
2. Asanas performed in the first round cannot be repeated in the online round.
3. Maintain the sequence of the postures.

### JUDGEMENT CRITERIA

- |   |           |
|---|-----------|
| 1. Time limit   | 10 points |
| 2. Correct posture  | 10 points |
| 3. Retention of posture   | 10 points |
| 4. Degree of flexibility, balance and calmness during retention | 10 points |
| 5. Synchronisation of body movement with music                  | 10 points |

### Teachers -In -Charge

Ms. Kavita Marwah	Mobile No.: 8802778871
Mr. Tarun Arora	Mobile No.: 9891946541
Mr. Vipin Shukla	Mobile No.: 9971233122



**REGISTER**